



## **Have you had neck and upper back pain from a whiplash injury for more than one year?**

**We are seeking volunteers who suffer from whiplash symptoms and have been unable to find relief for at least one year. This research study will investigate the effectiveness of three different needle-based therapies in the treatment of chronic myofascial whiplash pain.**

To qualify, you must:

- Be between the age of 19 and 74
- Have whiplash pain that began between 12 and 24 months ago
- Not have tried needling therapy for your whiplash in the past

There are up to 14 clinic visits over 3-4 months, with a final follow-up 6 months later. The study will involve an examination of your neck and upper back, three assessments by a physiotherapist and the completion of questionnaires.

**You will receive up to 12 needling sessions, free-of-charge**

The investigators for this study are:

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**For more information, please contact the study staff at 604-566-9101 (leave name & daytime number) or email [research@change pain.ca](mailto:research@change pain.ca)**