



# People in Pain Network

## Fraser Valley Pain Self-Management Group

### Getting to the location:

- Address is 23589 Old Yale Road Langley BC V2Z 2K4.
- Vehicle access is only available via OLD YALE ROAD, not Fraser Highway.
- It's a huge large glass building, you can't miss it.

### Getting to the Room:

- You can enter the building through any of the 3 front doors in the parking lot, but the door on the far right has an accessible door.
- The elevator will be situated directly in front of you in the main lobby.
- Go to the second floor.
- Our meeting room is the first room you'll see as soon as you get off the elevator.
- We will have lots of signs displayed.
- The Room has lots of light and is filled with comfy couches and chairs.

### Getting to the Washroom:

- There is a handicapped washroom just down the hall from our meeting room.
- Just turn right as you exit the room.